QUATRE EPICES SEASONING

Last Modified: 12/06/2016

PREP: 5 Min COOK: N/A

SEASONING-FRENCH

EASY

F

MAKES 1/4 CUP

QUA	MEASURE	INGREDIENT	PROCESS
SEASONING MIX			
2	Tbsp	Ground White Pepper	
1	Tbsp	Ground Nutmeg	
2	Tsp	Ground Ginger	
1	Tsp	Ground Allspice	
OR			
1/2	Tsp	Ground Cloves	
PREPARATION			
FACTOID	Quatre Epices means 4 Spices in French. Used extensively in their rich Meat dishes and		
	Stews.		
TOOLS	1) Small Mixing Bowl		
PREP	None.		
1	In a small mixing bowl, thoroughly combine all of the listed ingredients together.		
HINTS	Sealed tightly in a small glass container, this Seasoning will last for several months when		