BAKED SHRIMP SCAMPI

F EASY

Last Modified: 12/02/2016

PREP: 2 Hrs COOK: 15 Min OVEN: 425

MAKES 8 SERVINGS
MAKES

SEAFOOD		IVI	AKES 8 SERVINGS	
QUA	MEASURE	INGREDIENT	PROCESS	
2	Pounds	Extra Large Shrimp (26 / 30 Count)	Raw	
1	Whole	Lemon	Halved	
1	Whole	Lemon	Wedged	
MARINADE				
1/4	Cup	Dry White Wine (Chablis)		
4	Tbsp	Extra Virgin Olive Oil (EVOO)		
2	Tsp	Kosher Salt		
1	Tsp	Fresh Ground Black Pepper		
CRUMB TOPPING				
2	Sticks	Unsalted Butter	Softened	
3	Tbsp	Fresh Italian Parsley Leaves	Minced	
1	Tsp	Fresh Rosemary Leaves	Minced	
1/4	Tsp	Crushed Red Pepper Flakes	Optional	
6	Tbsp	Garlic	Minced	
1	Tsp	Lemon Zest		
1/4	Cup	Shallots	Minced	
1	Extra Large	Egg Yolk		
1	Tsp	Lemon Zest		
2	Tbsp	Lemon Juice	Juiced	
1	Cup	Panko Bread Crumbs (Kikkoman)		
1/2	Cup	Parmesan Cheese	Grated	
PREPARATION				
HINTS	Substituting Jun	ge Shrimp (26/30) allows for roughly $7 \sim 8$ Shrimp per nbo Shrimp (21/25) will allow for roughly $6 \sim 7$ Shrimp be Butterflied & they will "appear" to be larger than they	per serving. The	
TOOLS	1) Large Mixing Bowl 2) Medium Mixing Bowl 3) 8 - Scampi Serving Dishes 4) Large Zip Lock Bag			
	BUTTERFLY S	HRIMP: Take a sharp pointed knife and slice almost th	rough each Shrimp	
	from where the	tail shell ends to the front along where the vein was, co	ut until it can be	

FACTOID | spread open - CAREFUL! Do NOT cut them all the way through. ALTHOUGH - Colossal

two large Shrimp Strips together.

and larger Shrimp SHOULD be cut completely through, leaving the tail intact to hold the

BAKED SHRIMP SCAMPI

PREP	CRUMB TOPPING
	1) Mince the Garlic Cloves and set them aside.
	2) Mince the Shallot and add it on top of the Garlic.
	3) Mince the Parsley Leaves and add them on top of the Garlic.
	4) Mince the Rosemary Leaves and add them on top of the Garlic.
	5) Grate the Parmesan Cheese and set it aside.
1	Two Hours Before: Peel, de-vein and rinse the Shrimp. Butterfly (with the hinge nearest
	where the feet were) and set them aside in cold water. If the Shrimp are Colossal and
	above, slice them completely through instead of Butterflying them for complete cooking.
	Leave the tail shells on (See Pictures).
2	Two Hours Before: MARINADE: Mix the White Wine, Olive Oil, Salt and Pepper. Place
	the Marinade along with the Shrimp in a zip lock bag, squeeze out the air, seal and
	refrigerate them for 1 to 2 hours MAXIMUM.
CAUTION	Refrigerating Shrimp in Wine (or any other acid / alcohol for that matter) for more than 2
	hours will begin to "cook" them and they will end up tough and rubbery.
3	Two Hours Before: TOPPING: In a medium mixing bowl, add in the Softened Butter and
	fork in the Parsley, Rosemary, Red Pepper (if using), Garlic, Lemon Zest, Shallot, Egg
	Yolk, Juice from 1/2 the Lemon, the Parmesan Cheese and Bread Crumbs.
4	Place the Shrimp, butterfly cut down, around the outside of the scampi serving dishes
	with the tails pointing up and facing inward. Divide any remaining Marinade between each
	serving. Divide and evenly crumble the topping over the top of the Shrimp.
5	Preheat the oven to 425 degrees with a rack just below center. Bake the Shrimp for 10 to
	12 minutes, until the Shrimp are pink and the Butter Sauce has melted and is bubbling.
	Remove them from the oven and squeeze a little juice from the remaining 1/2 Lemon
	evenly over the top.
OPTION	You may optionally broil the dishes on high to get the Bread Crumb Topping brown and
	crispy. (Move the rack up near the broiler).
SERVE	Remove from the oven and Squeeze the juice from the remaining 1/2 Lemon over the
SERVE	top. Serve immediately