## **RED WINE STEAK SAUCE REDUCTION**

F EASY

Last Modified: 05/20/2016

PREP: 20 Min COOK: 50 Min STOVETOP

**MAKES 5 SERVINGS** SAUCE QUA MEASURE INGREDIENT PROCESS **Unsalted Butter** 3 Tbsp 1/2Chopped Small Yellow Onion Chopped 1/2Small Red Onion Chopped 2 Large Shallots 2 Tbsp Garlic Minced Chopped 1 Roma (Plum) Tomato Whole Chopped 8 Oz Carrots (Peeled) White Mushrooms 3/4 Pound Sliced Can Beef Stock (Swanson) 14 1/2 Oz 1 Cups 1 1/4 Red Wine (Merlot) 1 Tbsp Fresh Rosemary Leaves Corn Starch & Water For Thickening Plus Kosher Salt To Taste 1 +/-**Pinches** 1 +/-Fresh Ground Black Pepper To Taste Pinches 10 1/2 Oz Can Condensed Beef Consomme (Campbells) 1 **OPTIONAL CREAMY VERSION** 1/4 Heavy Cream Cup OR 1/4 Cup Half & Half PREPARATION FACTOID Excellent, drizzled over ANY Grilled or Roasted Beef. 1) Medium Saucepan TOOLS 2) Fine Wire Strainer DISH 1) Chop the Onions and set them aside. 2) Chop the Shallots and add them on top of the Onions. 3) Mince the Garlic Cloves and add them on top of the Onions. PREP 4) Chop the Tomato and add it on top of the Onions. 5) Chop the Carrots and add them on top of the Onions. 6) Slice the Mushrooms and add them on top of the Onions 7) Strip the leaves off of the Rosemary Sprig and add them on top of the Onions. In a medium saucepan over medium high heat, heat the Butter until it bubbles. Stir in the Yellow and Red Onions, Shallots, Garlic, Rosemary, Tomato, Tomato Paste, Carrots, and 1 Mushrooms. Cook until the Onions are translucent, the Carrots have softened and the Mushrooms have darkened and shrunk. 10 to 15 minutes. Pour in the Beef Stock and 1 cup of Merlot, and bring the mixture to a boil, scraping and dissolving any browned bits of flavor from the bottom of the saucepan. Reduce the heat, 2 and simmer until the vegetables are very soft and the pan juices have reduced by one half, about 20 minutes.

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3	Strain out by pressing with the back of a spoon and discard the Vegetables from the
	Sauce. Pour in the Beef Consomme and return the Sauce to a boil over medium high heat.
OPTION	You can make this into a creamy version Sauce by adding in either Heavy Cream or Half &
	Half at this point.
4	Stir in the remaining 1/4 cup of Merlot Wine, and reduce the heat to low. Salt and Pepper
	the Sauce to taste. Simmer the Sauce until it is reduced to 1/2 of its original volume,
	stirring occasionally, about 15 minutes more.
SERVE	Serve drizzled over Beef while hot.