PORK-ON-PORK CHOPS

F EASY

Last Modified: 04/10/2014

PREP: 30 Min COOK: 15 Min STOVETOP OVEN: 400

PORK MAKES 4 SERVINGS

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QUA	MEASURE	INGREDIENT	PROCESS
4	2" + Thick	Center Cut Pork Chops (Bone-In)	Room Temp
		Double-Cut Pork Chops	
1	Pound	Pancetta (Stesa Or Flat Cut)	Diced
		OR	
1	Pound	Pepper Bacon (Thick Sliced)	Diced
2	Tbsp	Fresh Thyme Leaves	
1	Tbsp	Fresh Rosemary Leaves	
3	Cloves	Garlic	Peeled
3	Tbsp	Canola Oil	
1 +/-	Pinches	Kosher Salt	To Taste
1 +/-	Pinches	Fresh Ground Black Pepper	To Taste
		PREPARATION	
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FACTOID This is the fastest, easiest, to-die-for dinner you will EVER make. FACTOID Pancetta is an Italian Spicy Bacon, made from Pork Belly. American Pepper Bacon is an entirely acceptable substitute. 1) Food Processor OR Blender 2) Large Stainless Steel Skillet (Oven Proof) 3) Large Non-Stick Skillet DISH 1) Dice the Pancetta and set it aside. 2) Peel the Garlic Cloves and set them aside. 3) Preheat the oven to 400 degrees with a rack just below center. 1 30 Minutes Before: Remove the Pork Chops from the refrigerator, pat them dry with a paper towel and allow them to sit until they reach room temperature, about 30 minutes. In a food processor, combine the Pancetta, Thyme, Rosemary and Garlic. Pulse until the mixture is finely ground. Set it aside. Liberally season the Pork Chops on both sides with
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mixture is finely ground. Set it aside. Liberally season the Pork Chops on both sides with
Salt and Pepper.
Heat the Canola Oil in a large oven safe skillet over high heat. When the Oil begins to
smoke, sear the Pork Chops for about 2 minutes on each side.
Place the skillet in the oven to finish cooking the Pork Chops, 5 to 6 minutes. Depending
on your oven, of course, and the thickness of the Chops, this should result in a medium to
medium-well Chop, still slightly pink in the middle. If you prefer a more well-done Chop,
add a minute or 2 to the cooking time.
There has NOT been a single case of Trichinosis (a Parasitic disease) from commercially
FACTOID raised (USDA inspected) Pork in the USA since about 1980. Causes from Wild Game and
home raised Pigs are a different story.
While the Pork Chops are in the oven, heat a large non-stick skillet over high heat. Add in
the Pancetta herb mixture. Turn the heat down to low and continue to cook the Pancetta,
stirring continuously to break up any large chunks, until all the fat is rendered and the
Pancetta is crispy brown, 8 to 10 minutes.

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Serve the Pork Chops, prettiest side up and generously topped with the crispy Herbed **SERVE** Pancetta and rendered fat. Serve while hot and bubbling with a dish of your choice on the side.