## THREE BISQUICK MIXES

| F | EASY | Last Modified: 11/15/2013 | PREP: 5 Min COOK: N/A |
| :---: | :---: | :---: | :---: |
| BAR \& RESTAURANT COPY |  |  | MAKES 6 CUPS |
| QUA | MEASURE | ORIGINAL BISQUICK VERSION | PROCESS |
| 6 | Cups | All Purpose Flour |  |
| 3 | Tbsp | FRESH Baking Powder |  |
| 2 | Tbsp | Powdered Sugar |  |
| 11/2 | Tsp | Sea Salt |  |
| 3/4 | Tsp | Baking Soda |  |
| 1 | Cup | Crisco Shortening (Plain Or Butter) |  |
| PREPARATION |  |  |  |
| FACTOID | Bisquick has a gazillion uses: Dumplings, Pancakes, Waffles, Pizza Crust, Cobblers, Biscuits, etc. Save yourself a bunch by hand making your own Bisquick. |  |  |
| HINTS | You can make this without a food processor by using a wooden spoon and a pastry blender, an electric mixer on LOW, or even just a fork. Just make certain that your arm muscles are up to snuff. |  |  |
| TOOLS | 1) Large Food Processor. <br> 2) Freezer Grade Zip Lock Storage Bag. |  |  |
| 1 | Place all of the dry ingredients in the food processor and run for 1 minute to mix thoroughly. |  |  |
| 2 | Drop a tablespoon of Crisco in and pulse several times to mix. Repeat until all of the Crisco has been added. Run until the mixture becomes a uniform grainy texture |  |  |
| 3 | Place in the zip lock bag, squeeze out the air and seal tightly. This Mix can be stored for several weeks or refrigerated for several months. |  |  |
| QUA | MEASURE | NEW BISQUICK VERSION | PROCESS |
| 5 | Cups | All Purpose Flour |  |
| 3 | Tbsp | FRESH Baking Powder |  |
| 1 | Tsp | Cream Of Tartar |  |
| 11/4 | Cups | Powdered Milk OR Powdered Buttermilk |  |
| 2 | Tbsp | Powdered Sugar |  |
| 11/2 | Tsp | Sea Salt |  |
| 3/4 | Tsp | Baking Soda |  |
| 1 | Cup | Crisco Shortening (Plain Or Butter) |  |
| PREPARATION |  |  |  |
| FACTOID | The "New" Bisquick was created in order to make Biscuits lighter and fluffier in texture. The original Version is not available in stores any more. |  |  |
| HINTS | You can make this without a food processor by using a wooden spoon and a pastry blender, an electric mixer on LOW, or even just a fork. Just make certain that your arm muscles are up to snuff. |  |  |
| TOOLS | 1) Large Food Processor. <br> 2) Freezer Grade Zip Lock Storage Bag. |  |  |
| 1 | Place all of the dry ingredients in the food processor and run for 1 minute to mix thoroughly. |  |  |

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| $\mathbf{2}$ | Drop a tablespoon of Crisco in and pulse several times to mix. Repeat until all of the <br> Crisco has been added. Run until the mixture becomes a uniform grainy texture. |  |  |
| :---: | :---: | :--- | :--- |
| $\mathbf{3}$ | Place in the zip lock bag, squeeze out the air and seal tightly. This Mix can be stored for <br> several weeks or refrigerated for several months. |  |  |
| QUA | MEASURE | CANOLA OIL VERSION | PROCESS |
| 6 | Cups | All Purpose Flour |  |
| 3 | Tbsp | FRESH Baking Powder |  |
| 2 | Tbsp | Powdered Sugar |  |
| $11 / 2$ | Tsp | Sea Salt |  |
| $3 / 4$ | Tsp | Baking Soda |  |
| 9 | Tbsp | Canola Oil |  |


| PREPARATION |  |
| :---: | :--- |
| FACTOID | This Canola Oil version is technically healthier than the Shortening version, Do what you <br> wish....... |
| HINTS | You can make this without a food processor by using a wooden spoon and a pastry <br> blender, an electric mixer on LOW, or even just a fork. Just make certain that your arm <br> muscles are up to snuff. |
| TOOLS | 1) Large Food Processor. <br> 2) Freezer Grade Zip Lock Storage Bag. |
| $\mathbf{1}$ | Place all of the dry ingredients in the food processor and run for 1 minute to mix <br> thoroughly. |
| $\mathbf{2}$ | Drop a tablespoon of Canola Oil in and pulse several times to mix. Repeat until all of the <br> Oil has been added. Run until the mixture becomes a uniform grainy texture. |
| $\mathbf{3}$ | Place in the zip lock bag, squeeze out the air and seal tightly. This Mix can be stored for <br> several weeks or refrigerated for several months. |

