CHINESE TAKE-OUT STYLE RIBS

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MEDIUM

Last Modified: 01/17/2016

PREP: 12+ Hrs COOK: 3+ Hrs OVEN: 225

			OVEN: 225	
BBQ-ASIA	1	1	MAKES 6 SERVINGS	
QUA	MEASURE	INGREDIENT	PROCESS	
2	Racks	Spareribs (8 To 10 Pounds)	Separated	
4	Tbsp	White Sesame Seeds		
1/4	Cup	Green Onions (Greens Only)	Thin Sliced	
RED ASIAN BBQ MARINADE				
1/2	Cup	Hoisin Sauce (Koon Chun)		
1/2	Cup	Brandy (E&J VSOP Reserve)		
	1 I	OR		
1/2	Cup	Bourbon (Wild Turkey)		
1/4	Cup	Honey		
1/4	Cup	Soy Sauce (Lee Kum Kee)		
2	Tbsp	Toasted Sesame Oil (Kadoya)		
2	Tbsp	Sriracha Hot Chili Sauce (Huy Fong)		
1	Tbsp	Fresh Ginger (Peeled)	Grated	
		OR IF NECESSARY	Clatod	
2	Tbsp	Powdered Ginger		
2	Tbsp	Garlic Cloves	Grated	
	•	OR IF NECESSARY		
1	Tbsp	Granulated Garlic		
2	Tbsp	Powdered Onion		
1	Tbsp	Five-Spice Powder		
2	Tsp	Red Food Coloring		
		FINAL GLAZE		
1	Drizzle	Honey		
		PREPARATION		
	This comes VERY close to the Spareribs you get at a Chinese Take-Out restaurant. Most			
FACTOID	restaurants tend to use a less expensive St. Louis Style Pork Sparerib, but just about			
	ANY style of Ribs work well.			
NOTE	I also like this when using Skinless Chicken Thighs in place of the Ribs.			
NOTE	Cutting a Pork Loin into thin strips makes those popular take-out Boneless Spareribs.			
TOOLS	1) Medium Glass Mixing Bowl			
	2) Small Glass Mixing Bowl			
	3) Gallon Zip Lock Bag 4) 2 - Aluminum Half Sheet Pans & Wire Backs			
	4) 2 - Aluminum Half Sheet Pans & Wire Racks5) Basting Brush			
	DISH			
PREP				

PREP 1) Thinly slice the Green Onion greens and set them aside.

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PREP 1	RED ASIAN BBQ MARINADE			
	1) Peel and grate the Ginger and set it aside.			
	2) Grate the Garlic Cloves and set them aside.			
	The Day Before: In a medium GLASS mixing bowl (this Marinade STAINS plastic), whisk			
	together the BBQ Marinade Ingredients. Reserve 1/2 cup of the Marinade in a plastic			
	wrap sealed small glass mixing bowl and refrigerate it.			
2	The Day Before: Place the Rib Racks on a cutting board - Remove all pure fat pieces			
	you can see on both sides. Remove the silverskin from the underside using a spoon to			
	loosen the edge and paper towels to grip it tightly and pull it off. Separate the Racks into			
	individual Rib sections and set them aside.			
3	The Day Before: Pat the Ribs dry with paper towels and add them into a gallon zip lock			
	bag. Pour over the top the remaining BBQ Marinade, squeeze out the air, seal and			
	squeeze to coat the Ribs evenly with the Marinade. Refrigerate the Ribs overnight,			
	squeezing every so often to recoat them with the Marinade.			
4	Preheat the oven to 225 Degrees with racks just below center and in the lower third.			
	Remove the Ribs from the Marinade (discarding the contaminated Marinade) and place			
	them not touching on wire racks in parchment paper lined sheet pans. Place the racks in			
	the oven and bake until the Meat is very tender, about 3+ hours Baste the Ribs			
	generously with the reserved Marinade 3 times during the cooking process.			
5	Remove the Ribs from the oven, being careful to not spill the hot liquid. Pour off and			
	discard as much of the liquid from the sheet pans as is possible. Combine the Ribs in a			
	single layer on a single sheet pan (Touching is now OK). Move an oven rack up to the			
	second slot from the top. Turn the oven to the high broil setting.			
6	Drizzle the Ribs generously with Honey, spreading it out evenly with a brush. Return the			
	Ribs to the broiler and broil them until they lightly char and caramelize slightly.			
7	Place the Ribs on a serving platter, Sprinkle the top with Sesame Seeds and Green			
	Onions.			
SERVE	Serve them while hot, warm or cold with plenty of napkins on the side.			